



EAST LONDON CARES

#AloneTogether October 2020: Weekly Activities

Week 1: Across the UK children have been going back to school, getting ready to build relationships and learn new things. For many people, their school memories are some of the strongest, no matter how many years have passed.

Task - Think back to your favourite school memories, your favourite teacher or an old school friend you've lost touch with. If you can write them a letter what would it say?

Submitted by Lauren, South London Cares

Week 2: Robert Frost's poem 'A Time to Talk' looks at the importance of friendship over being busy. It feels like during recent months we have been rediscovering just how valuable it is to us all to 'thrust our hoes in the ground' and make 'time to talk'.

Task - Think about one of the important conversations you've had since March, or one you would like to have. Who with? What do you want to say? What do you hope they will say back to you?. *Submitted by Jane, The Cares Family*

Week 3: As part of Black History Month we want to put the spotlight on racial equality and our passion for seeing this become a reality. In Martin Luther King's famous 'I have a dream' speech, he speaks to the hearts of many about the issue of racial equality and laid out his vision of what the world could one day look like

Task - If you had the opportunity to take the podium and speak to a crowd about supporting racial equality, what would your vision be? How would you hope people change to make it happen? Have a go at writing your own 'I have a dream' speech.

Submitted by Enoch, South London Cares

Week 4: Halloween time is finally here, so all you scaredy cats it's time to fear. When witches go riding and black cats are seen, the moon laughs and whispers, tis time for halloween! OOOOHHHHHH!

Task - Design your very own halloween costume. You could either use recycled materials from around your home to put together a mask or a costume. Otherwise you can always draw your ideal halloween costume and write about all its different features.

Submitted by Eleanor, South London Cares